## Pregnant now or within the last year?

Get medical care right away if you experience any of the following symptoms:



Headache that won't go away or gets worse over time



**Extreme swelling of** your hands or face



Severe nausea and throwing up



**Dizziness or** fainting



**Thoughts of harming** yourself or your baby



Severe belly pain that doesn't go away



**Changes in** your vision



Fever of 100.4°F or higher



Trouble breathing



**Baby's movement** stopping or slowing during pregnancy



Overwhelming tiredness

**Chest pain or fast** beating heart



Severe swelling, redness or pain of your leg or arm



Vaginal bleeding or fluid leaking during pregnancy



**Heavy vaginal** bleeding or discharge after pregnancy



These could be signs of very serious complications. If you can't reach a healthcare provider, go to the emergency room. Be sure to tell them you are pregnant or were pregnant within the last year.



Learn more at cdc.gov/HearHer

